

'Nobody's Perfect' Workshops for Parents

At Tyndale St-Georges Community Centre

Early Childhood Department



Tuesdays

9:30am-12:00pm

Feb. 27th 2018

March 6th 2018

March 13th 2018

March 20th 2018

March 27th 2018



Nobody's Perfect is a series of workshops for individuals looking for extra support in their role as parents, as well as a safe space to share concerns, questions and feelings about parenting with others. The Early Childhood Department is offering a series of 5 workshops, where themes such as understanding your child's temperament, health, mind & emotions, and self-care will be explored. Facilitators are there to help guide parents through activities and discussions, to encourage dialogue, expression, growth, empowerment and problem-solving.

~Workshops are held in English~

WHERE?

Tyndale St-Georges Community
Centre

870 Carré Richmond Square

Montreal, QC H3J 1V7

Metro: George-Vanier

Contact to Register or for Questions:

Samantha or Maria

(Early Childhood Department):

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nobody's
perfect™



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